



Effective Self Leadership: Workshop for Aspiring Leaders

Overview

Have you recently started your career or are you considering a career change? Do you wish to gain deeper awareness about your strengths and find your way and leadership style?

This workshop enables aspiring leaders to adopt a leadership mindset and start charting their unique leadership path. Participants take control of their own development and learn how to be more effective, individually, and as part of a team.



Who Should Attend:

- Recent graduates seeking to get ahead
- Individual contributors without direct reports
- People in transition looking to explore who they are as professionals and what they want

What You Will Gain:

- Discover your strengths
- Improve how you relate to and interact with others
- Adopt a leadership mindset

By the end of this workshop you will improve your self-awareness and personal effectiveness, develop a deeper grasp of who you are as a professional, learn how to relate to others and become a valued team player, and gain practical tools and skills to apply right away!



“LeadIN provided me with the opportunity to reflect on myself, my strengths and my uniqueness. I was grateful to have the space and people to practice with. LeadIN has made me more introspective and focused on what I want in a job. I now have the tool set and confidence to market myself and express what I can bring to the table.”

“LeadIN offered me a new lens through which to view professional relationships and challenged me to roll up my sleeves and take charge of my leadership growth. I’ve walked away from my experience with newfound awareness of and confidence in my individual leadership strengths.”





Workshop Outline

Prepare: prior to the workshop you will complete the [Strengthsfinder self-assessment](#) (price included in the workshop) and learn about other key concepts.

Engage: during the workshop you will actively engage with other participants, deepen your understanding of the content, and solve practical challenges you currently face in your role.

Apply: at the end of the workshop you will develop your own action plan and commit to a 5-week Challenge - a framework that will help you apply and sustain what you learned and build effective leadership habits.

Check-in: three weeks after the workshop you will attend a 1-hour virtual check-in session to refresh and reinforce skills and review your action plan.

Agenda (9:30am - 5:30pm)

Part I - Morning

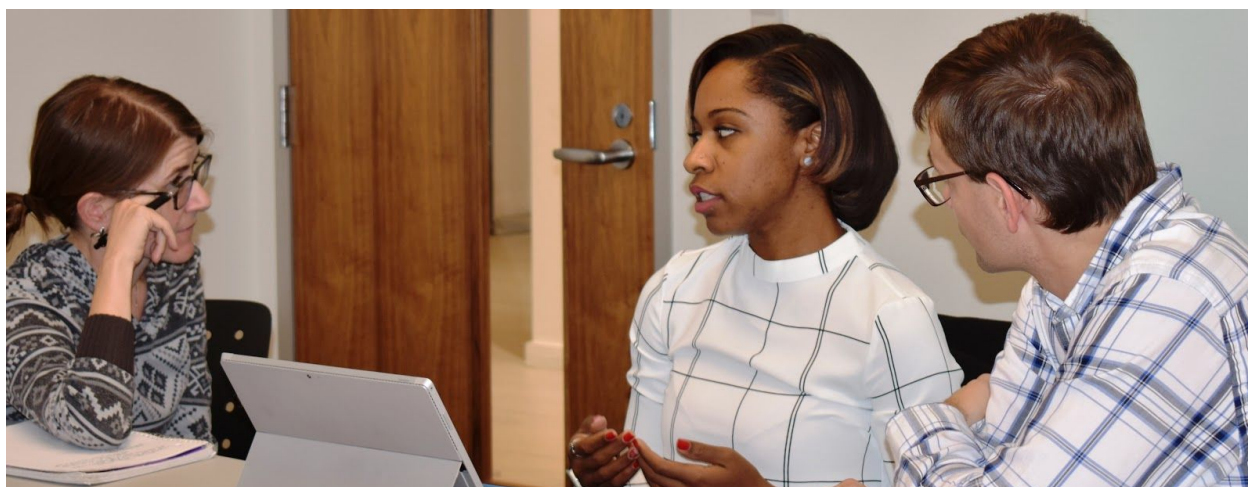
- ✧ *Intro and check-in*
- ✧ *Connection before Content*
- ✧ *How to be a leader (when you are not the leader)*
- ✧ *Leading with Strengths*

Lunch

Part II - Afternoon

- ✧ *Emotional Intelligence*
- ✧ *Gettings things done*
- ✧ *Practical Tools*
- ✧ *Leadership Challenge*
- ✧ *Reflections and Intentions*
- ✧ *Wrap-up*

By completing this workshop you are joining a growing LeadIN community of lifelong learners. You will have access to relevant resources and opportunities to receive additional support as you chart your own, unique leadership path.





What is LeadIN

LeadIN is a Washington, DC - based organization that grows the individual and collective leadership of people and organizations. We strive to create the right environment for people of different ages and backgrounds to learn with and from each other, to see themselves in a different light, and to develop the tools and habits that strengthen their leadership.

Why Choose LeadIN

People over processes: We put people first and we believe that the most fundamental skill for any professional is to learn how to relate and work with other people.

Peer power: We learn best when we share our unique perspectives and experiences with other people and tap into the collective wisdom of a group of peers.

Continuous learning: Growing your leadership skills is a process, not a one time event. So we focus on helping you build and sustain the right practices.

Community: LeadIN is a community of people who learn, share and grow together. By attending this workshop, you are also joining a community where you will benefit from ongoing accountability and support.

Safe, interactive environment: Participants learn in a safe, comfortable and interactive learning environment that encourages sharing and collaboration where everyone is equal in their desire to learn and grow their abilities and impact.

80%+ of participants say LeadIN positively impacted their leadership as a whole.

85%+ of participants say that as a result of LeadIN they are better able to apply their strengths.

90%+ of participants say that LeadIN helped them increase their self-awareness.

Logistics

Each workshop is capped at 15 participants to allow for an intimate and interactive learning environment.

The next workshop will be offered in Washington, DC in the fall. [Fill out this form](#) to find out when and to get a discount!

Cost: \$425*

- ✓ Full day workshop (9:30am - 5:30pm)
- ✓ 1-hour follow-up session in three weeks
- ✓ Strengthsfinder Assessment
- ✓ Breakfast and lunch included

** Did you know that your employer may be willing to cover the cost? [Download this template letter](#) to submit to your supervisor. Contact us if you have any questions or would like further guidance.*